

NutriNOR News

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NutriNOR

National Research School in Nutrition



An update on the activities of NutriNOR

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Join the Nordic Nutrition Summer Symposium!

This year, the annual NutriNOR Summer School will be organised in association with the nutrition societies of Norway, Sweden, Finland, Denmark, and Iceland.

We are heading to beautiful Kristiansand on the south coast. We have put together an exciting programme covering the topics 'Patient reported outcome measures', 'Nutrition literacy', 'Use of purchase data in nutrition research', 'Science communication with presentations by participants', and 'Qualitative methods in nutrition research'.

Also, there will be an attractive social programme to facilitate networking, this time beyond Norway! And as always, all activities, lunches and dinners are free for NutriNOR members.

Your hotel accommodation and travel expenses will also be covered if you are a member. Hotel rooms will be booked by us, while you make your own travel arrangements and request a refund after the NNSS. Detailed information will be sent to those who register for the event.



WHEN:
27-30 September 2026

WHERE:
University of Agder, Kristiansand, Norway

PROGRAMME:
[NNSS 2026 Programme and information.pdf](#)

REGISTRATION DEADLINE:
25 AUGUST

REGISTER VIA LINK:
[Registration for Nordic Nutrition Summer Symposium 2026](#)

REGISTER VIA QR CODE:



Becoming an alumni member

By joining our Alumni group, NutriNOR members who have completed their PhD can stay in touch with the NutriNOR network. Alumni members receive information and invitations to participate in courses, summer schools, and PhD conferences organised by NutriNOR. NutriNOR covers the registration fee and lunch, while the alumni member is responsible for any travel and accommodation expenses.

If you have completed your PhD and would like to join the alumni group, please [fill in this form](#).

It would be great if you could notify us when the time has come to defend your thesis. Remember that all members are eligible to attend NutriNOR courses and conferences and have their expenses covered by NutriNOR for up to six months after their PhD defence.



NutriNOR's General Assembly

The annual General Assembly of NutriNOR will be held in Bergen (and online) on **23 June 2026 from 10:30 to 11:30**.

The General Assembly shall ensure that the intentions and plans for NutriNOR are fulfilled. It consists of one representative from each of NutriNOR's partners as well as representatives of the PhD candidates from each academic partner.



NutriNOR members to ENLP seminars

Written by Zoya Sabir

We are happy to share that three NutriNOR members in their final PhD year will be attending the European Nutrition Leadership Platform (ENLP) seminars this summer in Doorn, the Netherlands, two at the Essentials Programme and one at the Advanced Programme.

ENLP Essentials is open to all food, nutrition and dietetic professionals across Europe who want to become more effective at managing soft-skill challenges such as communication, interpersonal skills, leadership and strategic influence.

The 7-day intensive program is supported by coaching sessions which may take place outside of the formal timetabled activities.



We greatly recommend final year PhDs to apply for ENLP Essentials! Although applications for 2026 are closed, we remind you of the possibility to apply in the future.

If your ENLP application is accepted, NutriNOR may cover your attendance and travel costs. This applies to those who have defended their thesis up to 6 months before the programme starts. You can find more information on the [NutriNOR website](#).

Keep an eye out for future application deadlines and announcements [here](#).



Report on Writing Course & Retreat

Written by Anine Christine Medin & Alice Refosco, who participated in the Writing Course & Retreat

NutriNor kicked off the year with a writing course led by Mathew Stiller-Reeve and Village Green. The programme included three online sessions and a small writing retreat in Ustaoset. Participants worked on planning, structuring, and refining their writing, with peer-to-peer feedback as a central element. Each session combined short presentations with focused group work in pairs or trios.

The course concluded with a writing retreat at the UiB cabin Otteshøimen in Ustaoset. Over a few days, participants focused on their own projects, ranging from PhD project descriptions to articles and thesis chapters. The retreat provided a calm environment for focused work, while also offering opportunities to exchange ideas and feedback in a relaxed setting.

With clear winter weather and beautiful surroundings, there was also time to step outside for walks or skiing, which offered both inspiration and a chance to recharge. Shared meals and informal chats made it easy to get to know fellow participants and build connections along the way.

New Norwegian nutrition conference in 2027

We are heading for the future and announcing the first Norwegian nutrition conference for all researchers in nutrition, dietetics and food science in Norway: Norsk ernæringskonferanse.

NutriNOR will host this conference in Bergen on 14-15 October 2027. The conference will be aimed especially at early career researchers in the field.

Mark your agenda and reserve these days for a trip to Bergen! More information will come soon.



Board Strategy & Midterm Reflection

NutriNOR is at the midpoint of its eight-year funding period. This is a natural and important moment to pause, reflect, and consciously shape the years ahead.

On 19 March, the board of NutriNOR met in Bergen to do just that. The meeting was led by Rick Koster from Leaderscope. Based on the outcome of the board's conversation, Rick captured the essence of NutriNOR in the following text:



Developing the next generation of leaders in nutrition in Norway and beyond

NutriNOR prepares and connects a new generation of nutrition professionals who shape impact within and beyond academia.

PhD candidates build deep expertise. NutriNOR expands that foundation with the capabilities, networks and shared identity needed to navigate and influence the broader nutrition landscape.

A shared foundation

NutriNOR brings people together across the wide and diverse field of nutrition. Participants connect across disciplines, institutions and perspectives. Through this, they develop a strong sense of belonging to a larger movement.

This connection creates unity while strengthening diversity of thought. Participants begin to see themselves as part of a collective shaping the future of nutrition.

From knowledge to impact

NutriNOR develops three essential capacities:

Collaboration

Participants learn to work across disciplines, sectors and perspectives. They contribute to collective impact in complex environments.

Capability

The programme strengthens skills that are essential for leadership in practice: communication, navigating complexity, stakeholder engagement and translating knowledge into action.

Connection

Participants build strong networks that extend into industry, healthcare and public institutions. These relationships create opportunities and open pathways into meaningful roles.

Strengthening careers and the field

NutriNOR enhances employability and supports participants in building careers that create impact and fulfilment. Graduates move confidently between academia, policy, industry and society.

At the same time, NutriNOR contributes to a stronger and more connected nutrition field. By linking people, ideas and sectors, the programme supports innovation and coordinated action.

Together, they strengthen the field of nutrition and contribute to healthier societies.



More information about NutriNOR and the activities of the research school can be found on the [NutriNOR webpage](#).

We would love to hear from you! Please let us know if you have any questions or feedback by sending an e-mail to nutrinor@uib.no.

Best wishes for the spring season,

Jutta Dierkes, Zoya Sabir & Marie Skjoldal



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